

# ANALYSIS THE EMOTIONAL CHARACTERS IN RILEY'S BRAIN IN INSIDEOUT MOVIE

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## ABSTRACT

Every human in this life have their own emotional thinking in their brain that influences every step to make it decisions such as what will you do after this? what do you want to eat today? what did you do for your living? and the other decisions in our life. Related to the statement above, this research aims to analyze the emotional characters in Riley's brain at the movie entitle inside out. Riley is 11th years old young girl, the main character in this movie. Inside out is an animation movie that contained some important scientific, parental, and psychological knowledge in every human's being and in around our environment. The knowledge presented in this movie is unique, interesting, meaningful, fun and easy to understand. This is a family movie that every person in the family can learn how to manage their self's emotional and how to interact well with other people and how to solve and react to the inherent problem. Therefore this is interesting research that fulfills what every person's problem in their life.

Keywords: emotional character, inside out movie.

## Introduction

The movie is one of the media to transfer knowledge to society in this world. The movie also as a tool to communicate the people around the world. The people who produce films, not merely but there is a cause or mission that will be shared or disseminated to the public. In this occasion, the researcher chooses the movie to entitle inside out because this movie is very interesting to analyze. The story of this movie is about the five characters, representing with Joy, Anger, Sadness, Fear, and Disgust, who contributed to Riley's brain to control all her activities in her life. Riley is 11th years old young girl as the main character in this movie. Riley is a good, happy, enjoy, respect girl and clever to

hidden her disappointed feeling.

Actually it is a good emotional combination for a young girl, but unfortunately, her ability in controlling the emotional make her in big trouble. The healthy emotional is should be balanced, so there is no one who stands out or wins or the most prioritized.

Based on the background knowledge above, the researcher tries to analyze the five emotional characters in Riley's brain. The researcher analyzed them based on the story and reflective with real life. It was so interesting because the five emotional characters are alive and have their own world inside Riley's brain, and it will reflective out Riley's live. So that is why this movie has given a title Inside Out.

## **Research Method**

In this case, the researcher uses a qualitative method, whereas the researcher screening the five emotional characters in this movie, then analyzing the five characters based on the screening result and the last step reflecting the analysis results based on the real life.

## **Data Collection**

The data collection is found by watching the movie as many as needed. Then analyzed the data collection based on the related theory such as a psychological theory.

## **The Result**

The five emotional characters in this movie are as follows:

The first emotional character names Joy, she is a happy, passionate, clever, cheerful, smart, shining and colorful character in this movie. In the human brain, Joy takes place on the limbic cortex. Her appearance is shining, glowing, and cheerful in this movie. She always makes Riley's happy and excited every day. Joy always under control all the emotional character and most dominant affecting Riley's mood. Joy always think positively and ignore the risks in every step out of Riley's life. The researcher analyzed that situation is not really good for Riley's growth. Riley should use her Joy based on

her portion, so her emotional will balance.

Sadness is the second emotional character in Riley's brain. The Sadness character always hopeless, fear, pessimist, the opposite of Joy's character. The researcher analyzed the sadness character is important for children's life. Through sadness, the children will feel fear and hopeless so the parents can protect their children; surrender is needed, so the children are not too aggressive in doing something; the point is through sadness, the children become closer with their parents. The requirement is the portion should be balanced too with other emotional characters.

Third, disgust is one of emotional character inside Riley's brain. In this movie, she is not really contributing her role to Riley's brain. Still, her role is as important as other emotional characters. However, through disgust, Riley's brain mindset to keep her healthy.

Fear, this emotional character is almost the same with sadness but closer to panic feeling. This character takes place in the center of the brain, or the scientist called amygdala. The function of fear or panic related to real life, it is as a warning sign especially when decided adjusting. Again, the portion should be balanced.

The last emotional character is anger. In this movie, anger is a temperamental character inside Riley's

brain. It is important for our life to respond to the negative effect and to protect our self. The process of anger is starting with the amygdala stimulating the hypothalamus, those are the brain part of the human.

### Conclusion

From analyzing the five emotional characters in this movie, the researcher concluded that every single person in this world must control their emotional inside their body wisely and proportionally. Therefore we can live long and be normal. Happy and sad is the mystery and bonus in our life.

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